

# Emmanuel After School Care

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## Communicable Disease Health and Wellness Policy

### September 2023

Please remember the Covid-19 public health emergency is rapidly changing and our ability to remain open may change without notice or we may be ordered to close in the upcoming months by BC's provincial health officer, Dr. Bonnie Henry, and/or our Licensing Officer if Covid surges.

Please note the following:

- Face coverings are no longer required. You and your child may wear a mask based on your personal or family choice.
- Daily Health Checks are no longer required for entry into the childcare setting **BUT it is highly recommended that you continue to self-monitor yourself and your child before coming into the childcare setting and keep your child home if they are sick. This is to prevent spread of communicable disease.**
- Staff, children, or other persons in the childcare setting who are exhibiting symptoms of illness (including but not limited to Covid-19 symptoms) **should stay home until they are well enough to participate in regular activities.** They can attend childcare if their symptoms are consistent with a previously diagnosed health condition (e.g., allergies) **or symptoms have improved enough to where they feel well enough to return to regular activities and their fever has resolved without the use of fever-reducing medication (e.g. acetaminophen, ibuprofen).**
- The When to Get Tested for Covid-19 resource or the B.C. Self-Assessment Tool provides more information on whether you should get a test for Covid-19.
- If you are unsure or concerned about your symptoms, connect with your health care provider or call 8-1-1. If you test positive for Covid-19, you should follow the guidance on the BCCDC website as to how long you should self-isolate. They can return when they no longer need to self-isolate.
- If you have been exposed to Covid-19 and have no symptoms, you do not have to self-isolate and can continue to attend childcare, but you must monitor for symptoms.

- Our regular health and wellness policy stands:

**Children may not attend After School Care while they have any of the following symptoms:**

- Unusual, unexplained loss of appetite, fatigue, irritability, or headache.
- Eye infections.
- Unexplained rashes or any rash that is not confirmed by a doctor to be non-contagious.
- Know or suspected communicable diseases (measles, chickenpox, pink eye, hand, foot and mouth disease, etc.).
- Nausea, vomiting and/or diarrhea in the last 48 hours.
- If your child develops any of the above symptoms while in our care, we will move them to a separate supervised area and you will be required to pick them up immediately. Emmanuel After School Care will not be held liable for any changes in your child's health.

If your child develops any of the above symptoms, they will be able to return to After School Care when their symptoms have improved and they feel well enough to participate in all activities.

- Cleaning and disinfecting practices are done at least 1x/day and when visibly dirty by staff and custodial staff.
- Please see the attached BC Daily Health Check.

Yvonne Rush – Manager

Emmanuel Baptist Church Child Care



# DAILY HEALTH CHECK

| KEY SYMPTOMS OF ILLNESS  | WHAT TO DO  |
|--|---|
| Fever (above 38°C)   | <b>If yes to 1 or more of these symptoms:</b><br>Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.  |
| Chills   |   |
| Cough  |   |
| Difficulty breathing   |   |
| Loss of sense of smell or taste  |   |
| OTHER SYMPTOMS   | WHAT TO DO  |
| Sore throat  | <b>If yes to 1 symptom:</b><br>Stay home until you feel better.   |
| Loss of appetite   |   |
| Headache   | <b>If yes to 2 or more of these symptoms:</b><br>Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.  |
| Body aches   |   |
| Extreme fatigue or tiredness   |   |
| Nausea or vomiting   |   |
| Diarrhea   |   |
| INTERNATIONAL TRAVEL:  | WHAT TO DO  |
| Have you returned from travel outside Canada in the last 14 days?  | <b>If yes:</b><br>Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the <a href="#">fully vaccinated traveller exemption</a> .<br><br>Students, staff and other adults who are not <a href="#">fully vaccinated</a> and have travelled outside of Canada <b>CANNOT attend school for 14 days after arrival</b> , as part of <a href="#">federal requirements</a> . |
| CLOSE CONTACT  | WHAT TO DO  |
| Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19? | <b>If yes:</b><br>Follow the instructions provided by Public Health.  |

You can also check your symptoms with the [K-12 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.